

Meeting Summary of the Kentucky Mental Health Planning and Advisory Council

February 7, 2008, 10:30 a.m. - 2:00 p.m.

100 Fair Oaks Lane, 4th Floor, Conference Rooms A & B, Frankfort

Council Members Present: Trudy Abshire, John Basham, Rita Brooks, Carol Carrithers, Molly Clouse, Carol Estes, Rebecca Garrett, Lynn Haney, Gayla Hayes, Robert Hicks, Donna Hillman, Angela Isaacs, Mary Sue Klusman, Steve Liles, Doreen Mills, Betty Jo Moss, Kathy Ostrom, Kevin Pangburn, Jan Powe, James Reed, Steve Shannon, Matthew Smith, Joy Varney, Anna Winchell, Gayle Yocum (for Steve Hartwig)

Council Members Absent: Shelley Adams, Janet Gothard, Bill Heffron, Linda Lancaster, Steven Lyons, Carmilla Ratliff, Toyah Robey, Jim Sparks

DMHMRS Staff: Michele Blevins, Susan Duvall, Anita Jennings, Lou Kurtz, Cheryl Ligon, Phyllis Parker, Christie Penn, Rita Ruggles, Melissa Runyon, Dona Whitenack

Guests: Debbie Bellairs, Melissa Crowdus, Ed Heimbrock, Brenda Huntsman, Ganesh Jackson, Liz McKune, Diane Taylor, Susan Klusman Turner, Tonya Young

TOPIC	OUTCOME	NEXT STEPS
Welcome and Introductions	Rebecca Garrett, Chair, called the meeting to order at 10:50 a.m. Members, staff, and guests introduced themselves and expressed something positive occurring in their lives.	
Approval of November Meeting Summary	Robert Hicks made a motion to approve the summary of the November 15, 2007 meeting. Steve Shannon seconded and the motion carried.	
Kentucky Resource Market Department for Aging and Independent Living	Kathy Ostrom of the Department for Aging and Independent Living (DAIL) presented information about the Kentucky Resource Market, a state-funded program that assists individuals, family members, and professionals find the most appropriate aging and disability-related programs and services (both private and public) for their needs. Council members were provided with printed information.	


	<p>It was noted that the Kentucky Resource Market can provide assistance with topics such as:</p> <ul style="list-style-type: none"> ☞ Medicare ☞ Waivers and Consumer Directed Options ☞ Hart-Supported Living ☞ Vocational Rehabilitation ☞ Supported Employment ☞ Social Security Issues ☞ Technology and Adaptive Needs ☞ Advocacy, Self-Determination, and Rights ☞ Guardianship, Estate Planning, and Trusts ☞ Support Groups and Peer Groups <p>The Kentucky Resource Market's motto reads: "<i>The Kentucky Resource Market can help you connect with the right services, at the right time, right in your community!</i>"</p>	<p>For more information, contact the Kentucky Resource Market by calling their toll free telephone number at 1-877-293-7447, by visiting one of the 15 Area Agencies on Aging and Independent Living, or by accessing their website at http://resourcemarket.ky.gov/.</p>
<p>Nominating Committee Report and Election of Officers</p>	<p>Rebecca Garrett provided a report of the Nomination Committee. At their January 24th meeting they discussed nominations and decided to recommend the following members for officers:</p> <p>Chair - Rebecca Garrett Vice Chair – Janet Gothard Secretary – Mary Sue Klusman</p> <p>Janet Gothard subsequently declined the position and another vote was taken by email resulting in a recommendation for Molly Clouse as Vice Chair. Therefore, today the Nominating Committee recommends the following slate of officers:</p> <p>Chair – Rebecca Garrett Vice Chair – Molly Clouse Secretary – Mary Sue Klusman</p> <p>Nominations were solicited from the floor of today's Council meeting and none were made.</p>	

	<p>Trudy Abshire stated that the Nominating Committee meeting summary contained an error and requested that they be revised to more accurately reflect her comments made in the January 24th meeting. The minutes should have stated that Trudy would like for members in all parts of the state to be able to attend committee meetings so that the entire state may be represented.</p> <p>Guest Debbie Bellairs stated that she feels it is a conflict of interest for anyone who is under a contractual agreement, directly accountable to the Department and work under their supervision to be a voting member of the Council and eligible for office. Jan Powe agreed that it does appear to be an inherent conflict of interest for someone to be employed by the Cabinet and be an impartial member. The Chair reminded the Council that the By-Laws Committee will meet on March 13th and that members may recommend changes to the by-laws at that time.</p> <p>Robert Hicks made a motion to accept the recommendations of the Nominating Committee. Betty Jo Moss seconded and the motion carried. None opposed. Doreen Mills and John Basham abstained.</p>	<p>Staff will revise the January 24, 2008 Nominating Committee meeting summary.</p> <p>This issue may be considered as an agenda item by the By-Laws Committee at their March 13th meeting.</p>
Committee Reports	<p>Betty Jo Moss gave a report of the activities of the Finance Committee. The Committee met two times since the last Council meeting to review financial information for SFY 06, 07, and 08. The Committee made the following recommendations for the Department to consider for SFY 09:</p> <ul style="list-style-type: none"> ⌘ Funding the CMHCs as they were in SFY 08. ⌘ Supporting the Transformation Priorities recommended by the Council, which are: 1) Improving coordination of care among multiple systems; 2) Services for co-occurring mental health and substance abuse disorders; 3) Involving consumers and families fully in orienting the mental health system toward recovery; and 4) Improving consumer access to supported employment and affordable housing. ⌘ Transformation should be tied to best practices. ⌘ The RFP process for the 3 statewide advocacy organizations should be easier to bid and awards made timelier. <p>Ms. Moss shared the President's proposed budget for FFY 09. According to a recent SAMHSA release, the proposed funding for the Community Mental Health Services Block Grant is the same as FFY 08 at the federal level. The President proposed</p>	<p>You may find contact information for legislators at the "Who's My Legislator?" section of the</p>

	<p>increased funding for children’s mental health services and for PATH (Projects for Assistance in Transition from Homelessness).</p> <p>Donna Hillman reminded members about the process the President’s and Governor’s budgets must go through to get approved. She stated that the Governor’s proposed budget for Kentucky does not look good for any agency and that the legislature needs to hear from consumers, advocates, and anyone who has a stake in the services that are being provided.</p> <p>Steve Shannon made a motion to accept Ms. Moss’ Finance Committee report. Steve Liles seconded and the motion carried.</p> <p>Donna Hillman distributed pamphlets provided by the Whole Health Campaign entitled “Supporting Wellness of Mind and Body for a Healthier America.” The Whole Health Campaign is a partnership of agencies that seeks to educate Americans about mental illnesses and addiction disorders and asks political candidates and parties to:</p> <ul style="list-style-type: none"> ➤ Ensure equitable and adequate mental health and addiction treatment coverage in all public and private health care plans. ➤ Support policies that promote both individual and family recovery from mental illnesses and addictions as integral to overall health. ➤ Commit to investing in America’s future through prevention, early intervention, and research on mental illnesses and addictions. 	<p>Kentucky Legislative Research Commission website: http://www.lrc.state.ky.us/Legislators.htm. You may also be interested in www.vote-smart.org, a Montana-based nonprofit organization that gathers information about candidates for both state and federal office. or www.factcheck.org, run by the Annenberg Public Policy Center of the University of Pennsylvania, keeps an eye out for political spin in national politics and regularly debunks claims made by both Republican and Democratic candidates.</p> <p>For more information about the Whole Health Campaign or to order brochures, visit this website: http://wholehealthcampaign.org/. There is no charge for orders of 25 or fewer brochures, but there is a nominal fee for more than 25 brochures.</p>
<p>Department of Corrections Community Reintegration Program</p>	<p>Kevin Pangburn, Brenda Huntsman, Tonya Young, and Liz McKune of the Department of Corrections presented information on the Community Reintegration Program.</p> <p>The Community Reintegration Program Specialist, Brenda Huntsman, provides intensive, long-term case management services to men and women in prison who have</p>	

	<p>a severe mental illness and who are approaching their prison release date. The services are completely voluntary and clients may discontinue services at any time before or after their release.</p> <p>Ms. Huntsman maintains an average caseload of 6 clients and an average waiting list of 22. She begins working with clients approximately 6 months prior to their release and continues for an average of 2 years after release. In 2005 the recidivism rate for clients of the program was 5% compared to the state DOC rate of 27.5%.</p> <p>DMHMRS provides the Department of Corrections with \$50,000 of Mental Health Block Grant funds to support this program.</p>	
<p>Department Updates and Member Information Sharing</p>	<p>➤ <u>Transformation Transfer Initiative</u> Lou Kurtz gave an overview of the Transformation Transfer Initiative (TTI) grant that DMHMRS received from SAMHSA. Kentucky is one of 11 states to receive a TTI grant. The grant provides \$105,000 that the Division of Mental Health and Substance Abuse to develop an implementation plan to improve the capacity and effectiveness of two practices promoting recovery and resilience. One focuses on training for supervisors of Peer Support Specialists and recovery training for clinicians, and the other focuses on training and technical assistance for enhanced use of wraparound for child and families receiving mental health services.</p> <p>Doreen Mills requested a presentation on Wraparound for the Council.</p> <p>➤ <u>EBP Grant</u> Lou Kurtz provided copies of the final report of the accomplishments and recommendations of Kentucky's National Institute of Mental Health (NIMH) Evidence Based Practices (EBP) grant. The grant focused on two EBPs: peer support and integrated treatment for co-occurring mental health and substance abuse disorders. The primary recommendation from the EBP grant team is for Kentucky to develop a Center of Excellence outside of the Department that would focus on implementation of EBPs.</p> <p>➤ Michele Blevins distributed information on how to access the MH Block Grant reports on the internet per request of Council.</p>	<p>Staff will prepare information to share with the Council.</p> <p>For a copy of the full report, please contact Lou Kurtz at Louis.Kurtz@ky.gov.</p>

	<p>➤ The Parent Professional Conference will take place in Bowling Green on Feb. 29th – Mar 2nd. Kentucky Partnership for Families and Children (KPFC) will be continuing their annual Silent Auction if members have items to donate.</p> <p>➤ Mountain Comprehensive Care Center is having the 9th Annual Stand Up for a Brighter Future Conference at the Ramada Inn in Paintsville on Wednesday, March 19th. Brochures available on back table.</p> <p>Michele Blevins shared that the HB 843 and HB 144 Commissions do not have any meetings scheduled at this time. Hard copies of the HB 144 Commission's Annual Status Report and the HB 843 Commission's annual report, the "<i>Template for Change</i>" also available on back table. Both may also be accessed on line: http://www.mhmr.ky.gov/mhsas/HB%20843.asp or http://www.mhmr.ky.gov/mr/hb144_documents.asp.</p> <p>Note: HB 843 is the <i>Kentucky Commission on Services and Supports for Individuals with Mental Illness, Alcohol and Other Drug Abuse Disorders, and Dual Diagnosis</i>) and HB 144 is the <i>Commission on Services and Supports for Individuals with Mental Retardation and Other Developmental Disabilities</i>.</p> <p>Steve Shannon made a motion to create an ad hoc Advocacy Committee. Robert Hicks seconded and the motion carried. The Chair asked that all Council members who are interested in participating on the Committee to gather after the Council meeting to discuss the details of the Committee.</p> <p>Rita Brooks distributed copies of the December 2007 LEAPS (Leadership, Empowerment and Peer Support) newsletter. LEAPS is a quarterly consumer newsletter published by the Leadership Academy. Leadership Academy graduates submit information on their regional advocacy projects and recovery programs.</p>	<p>To donate items to KPFC for the Silent Auction, contact Rita Brothers at KPFC. 502-875-1320 or 800-369-0533</p> <p>The first Advocacy Committee is scheduled for June 11, 1:00pm-4:00pm in Frankfort.</p> <p>The current LEAPS newsletter may be accessed at http://www.mhmr.ky.gov/mhsas/Consumer%20Services.asp?sub1.</p>
Public Comment	<p>The Chair asked if there was anyone in the audience who wished to make comment.</p> <p>☞ Debbie Bellairs remarked that Crisis Stabilization Units are a wonderful alternative to going into the hospital; however, she wishes that the CSU in Lexington had not been moved into the same building as Eastern State Hospital.</p>	<p>Bluegrass MH/MR Regional Board, Inc. has created a webpage where the public may provide comments about a new</p>

	<p>She stated that she does support a new building for ESH, however she would like to see the CSU placed on the perimeter of the new ESH property, not within the same building. This would allow the CSU to remain autonomous, reduce stigma, and promote the recovery model while also allowing clients to share services and resources that the new ESH will have to offer, such as recreational activities, the gymnasium, etc.</p> <p>Ms. Bellairs asked for more consumer input into the hospital plan. She will be visiting with groups and conducting a survey. The results will be published in the KYCAN newsletter in February.</p> <p>Ms. Bellairs requested to be placed on the May 8th meeting agenda so that she may report on the results of the survey.</p> <p> Melissa Crowdus shared that Larry Fricks will be speaking at the 12th Annual Kentucky Consumer Conference. The conference will be at the Executive Inn in Louisville on March 31 – April 1.</p>	<p>building for Eastern State Hospital. http://www.bluegrass.org/SupportESH/?PHPSESSID=4aprkvrij78ak5oprcu6d6j82</p> <p>You may access KYCAN's newsletters at http://www.kycan.org/.</p> <p>Ms. Bellairs will be placed on the agenda for the May 8th meeting.</p> <p>Mar 31 – Apr 1 12th Annual Kentucky Consumer Conference “Tapping, Wrapping, Zapping, Yourself Into the Magnificent World of Recovery” Executive Inn, Louisville http://www.kycan.org/12th_Conf_Conf_2008.pdf</p>
Adjourn	Steve Shannon made a motion to adjourn the meeting at 2:00 p.m. Steve Liles seconded and the motion carried.	
Upcoming Meetings	<p>Plan and Budget Meeting April 3, 2008, 10:00 a.m. - 2:00 p.m. Large Conference Rooms A & B 4th Floor, 100 Fair Oaks Lane Frankfort</p> <p>Quarterly Meeting May 8, 2008, 10:00 a.m. – 2:00 p.m. Large Conference Rooms A & B 4th Floor, 100 Fair Oaks Lane, Frankfort</p>	

Upcoming Trainings	<p>Feb 29 – Mar 2 Parent/Professional Conference Holiday Inn/Sloan Convention Center Bowling Green</p> <p>Mar 31 – Apr 1 12th Annual Kentucky Consumer Conference “Tapping, Wrapping, Zapping, Yourself Into the Magnificent World of Recovery” Executive Inn Louisville</p>	<p>For more information about the conference, go to KYCAN's website: http://www.kycan.org/12th_Conf. 2008.pdf</p>
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